



Yox Valley Partnership of Schools

Physical Education and ODL Long Term Plan

Term	Topic	Key Stage 1	Lower Key Stage 2	Upper Key Stage 2
Autumn 1	All about Me	Fundamentals Fencing Wild Discovery	Games Basketball	Team Games Orienteering
Autumn 2	Inspirational People	Movement/Dance OAA Swimming	Team Games Gymnastics Wild Discovery	Movement/Dance Games
Spring 1	Space	Athletics Striking and Fielding Games	Swimming Athletics Striking and Fielding	Wild Discovery Swimming Athletics Striking and Fielding
Spring 2	Amazing Authors	Fundamentals Ball Skills Wild Discovery	Orienteering Team games	Team Building Games
Summer 1	Ancient Worlds	Gymnastics Swimming Games	Games making Movement/Dance Wild Discovery	Gymnastics Games
Summer 2	Around the World	Athletics Striking and Fielding	Swimming Athletics Striking and Fielding	Wild Discovery Swimming Athletics Striking and Fielding