







	Trust Wide
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school	<ul> <li>INTENT</li> <li>For all school: <ul> <li>To promote physical activity across the curriculum time and outside of the classroom.</li> <li>To include the daily mile or active 15 to promote physical activity and increase fitness throughout the school.</li> <li>To promote children to engage in learning and physical activity during their time on the playground.</li> <li>To ensure all children have access to high quality teaching.</li> <li>To promote the use of active brain breaks</li> <li>Every child in the trust to have access to the swimming pool.</li> </ul> </li> <li>IMPLEMENTATION <ul> <li>Offer afterschool and breakfast sports clubs</li> <li>Train playground leaders and lunch staff to lead activities at break/lunchtime and Active 15.</li> <li>PE team to deliver afterschool clubs</li> <li>PE team to assist schools in the use of brain breaks</li> </ul> </li> </ul>
	<ul> <li>IMPACT</li> <li>Behaviour has improved at break and lunchtime due to fewer opportunities to be bored.</li> <li>The children are able to physically move for longer without needing to stop.</li> <li>Children are more ready to learn after activity</li> </ul>









	- All children are able to swim before they leave primary school.
Key Indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement	<ul> <li>INTENT</li> <li>For all schools: <ul> <li>To promote achievements in school during assembly time and at the end of the academic year to promote sport in the school, including celebration with parents.</li> <li>To promote achievements throughout the year when children attend tournaments to promote sport in the school.</li> <li>Notice board to raise the profile of P.E. and sport in school for children, visitors and parents to see.</li> <li>Sport and PE to be promoted within horizons.</li> <li>Trust tournaments arranged for both key stages.</li> </ul> </li> <li>IMPLEMENTATION</li> </ul>









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	- Schools to book onto the trust tournaments
	- Medals and certificates bought
	IMPACT
	- Minimal or no children opting out of PESSPA
	- Children are proud of all sporting achievements inside and out of school
	- Children are enthused and want to represent their schools.
	Children are character and want to represent their contests.
<b>Key indicator 3:</b> Increased confidence, knowledge and skills of all staff in	INTENT
•	For all schools:
teaching PE and sport	1
	- Identify any training needs across the trust and find courses.
	- PE Lead to offer training where schools have requested.
	- PE lead to keep schools up to date with any new legislations when
	teaching/leading PESSPA.
	IMPLEMENTATION
	- PE Lead works with specific teachers with planning and delivering lessons.
	- PE lead to develop the use of 'double page' spread for assessment in PE
	IMPACT
	- Teachers and support staff more confidence when delivering and supporting
	PE sessions
	- Children are able to show their understanding and knowledge that they have
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	been taught.
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<b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils	<ul> <li>INTENT</li> <li>For all schools: <ul> <li>Continue to expose and encourage the children to participate in a wide range of physical activities especially sports and activities not normally covered in PE lessons.</li> </ul> </li> </ul>
	<ul> <li>IMPLEMENTATION</li> <li>Examples are Fencing, Shooting, Archery, lacrosse and golf.</li> <li>PE lead can sign post schools to other specific sports.</li> <li>IMPACT</li> <li>Children will find a sport/activity that they love and will develop lifelong participation.</li> <li>Be active healthy adults.</li> </ul>
Key indicator 5: Increased participation in competitive sport	<ul> <li>Trust wide competition delayed due to covid.</li> <li>INTENT <ul> <li>All children have the opportunity to take part in intra school competition.</li> <li>All KS2 children are given the opportunity to take part in inter trust competition.</li> </ul> </li> </ul>
	IMPLEMENTATION - Sports days, intra house completions throughout the year.









Trust wide tournaments around the 2 counties. Every KS2 child has the opportunity to take part in the cross country at Helmingham Hall.
<ul> <li>IMPACT</li> <li>Children are proud to be in a team and a community.</li> <li>Children are exposed to winning and losing.</li> </ul>